

## BREAKFAST ALL DAY

VG - Vegan  
V - Vegetarian  
GF - Gluten Free

### PALEO NOLA (GF) (V)

House made granola / seeds / activated charcoal yogurt / fresh berries / preserved turmeric / stewed apples 14.5

### BREKKY BRUSCHETTA (V)

Chunky guacamole / poached eggs / sweet potato crisp / herbs / marinated medley tomatoes / sesame seeds / feta / sourdough toast 18.5

### PERICOS EGGS (GF) (V)

Scrambled eggs with spring onions and tomato / arepas / spring onion curls / braised green lentils 17.5

### BIG BOY

Bacon / mushrooms / spinach / grilled tomatoes / hash brown / your choice of eggs and toasts 21

### BREAKFAST BURRITO (V)

Scrambled eggs / sautéed spinach / avocado / Colombian hogao sauce / wheat flour tortilla 15.5 with Bacon 2

### EGGS YOUR WAY

Free range eggs on toast with housemade butter 11  
- Poached / scrambled / fried

See below for sides

### WINTER PORRIDGE (V)

Apple juice soaked oats / cinnamon infused milk / seasonal fruits / sliced banana / coconut flakes / seeds 14.5

### BREAKFAST BOARD

Mini paleo nola / mini bruschetta / fritter with smashed avo, seeds & a poached egg / pastry / arepa with hogao & feta O.J. is on us 22.5

### SMASHED AVO (V)

Smashed avocado / poached eggs / seeds mix / beetroot sauce / crumbed halloumi 19

### EGGS BENNIE

Housemade hash browns / honey glazed ham / poached eggs / spinach / shoyu hollandaise 17

### GRAIN EMPORIUM TOASTED BREAD

Two slices of bread with up to two spreads 7 (extra spread add 1)  
- Bread choice: sourdough, multigrain, fruit toast, housemade G.F. bread add 2  
Tailor this with your preferred side(s)

### BUBBLE WAFFLE (V) - WEEKEND SPECIAL -

Mascarpone / apple puree / berry coulis / almond praline / ice cream / seasonal fruits 18

## ALL THINGS LIQUID

### - HOT DRINKS -

#### Specialty coffee by CODE BLACK

Latte / Cappuccino / Flat White / Magic / Decaf / Long Black 4  
Piccolo 3.9 Espresso 3.6  
Hot Chocolate 4 Mocha 4.2 Chai Latte 4.2 Dirty Chai 4.5  
Matcha Latte / Golden Turmeric Latte 4.2  
Large Coffee / Extra shot / Bonsoy +0.5  
Milk Lab Almond +0.8 for a shot of Liqueur +6

**Tea from Tea DROP** 4.5 English Breakfast / Peppermint / Earl Grey / Spring Green / Lemongrass Ginger / Chamomile / Chai

### - COLD DRINKS / JUICES -

Iced Latte 4.5 (Espresso, milk and ice)  
Iced Coffee 5 (topped with ice cream)  
Iced Chocolate 5 (topped with ice cream)  
Sparkling Volcanic Water 4  
Coke / Coke Zero / Sprite 3.5  
Kombucha bottled 5  
Oh Sparkling Soda 4.5

Healthy Humans juice 5.5  
- Lemon soda with living bacteria  
- Fermented ginger beer  
- Squeezed orange  
- Pressed apples  
- Living Apple Pie Soda

**OJ or Apple Juice** 4  
Milkshakes 7 / Kids size 5  
Banana / Chocolate / Vanilla / Strawberries / Caramel

### - SUPER SMOOTHIES All 8.50 -

BOOSTER: PROTEIN SHOT +1.5 VITMAIN C SHOT +1

**GREEN DETOX** — Pineapple / spinach / ginger / kale / turmeric / apple juice / parsley

**TROPICAL SUNSHINE** — Mango / banana / OJ / coconut milk

**ANTIOXIDANT** — Mixed berries / kale / OJ / celery

## MIMOSAS 12 / APRICOT BELLINIS 12

- BEERS / WINES - SEE OUR DRINKS MENU

### ADDITIONAL SIDES

Extra Egg / Arepa Corn Bread / Fritter 2.5 ea  
Semi-Roasted Tomatoes / Baby Spinach / Shoyu Hollandaise / Relish / Feta 3.5  
Bacon / Crumbed Halloumi / Sautéed Mushrooms / Avocado (sliced or smashed) 4  
Extra House Jam / House Butter / Vegemite / Peanut Butter / Nutella 1  
Housemade Hash Brown / Extra Toast / Housemade Gluten Free Bread 2